

# 2010 Workshop

## The Virginia Satir Human Validation Process

5 Saturdays 9:30 am to 4:30 pm

- January 23: Introductions and overview  
Beliefs. Responses to stress. DVDs.  
Ways of perceiving the world
- February 6: Meditation / Temperature Reading.  
Family Maps / Fact Chronology, Wheel of Influence.  
DVDs. Sculpting
- February 20: Process of Change. Ingredients of an Interaction.  
DVDs. Family Reconstruction.
- March 6: Transformation Exercises. Rules, Projection, Iceberg.  
DVDs. Parts Party.
- March 13: 5 Freedoms. Self Esteem Maintenance Kit. Other Vehicles.  
Review and clarification.

Cost: \$450.00/\$400.00 if paid by January 8, 2010

For information: Nancy Macdonald, 206-362-2531 or [cdnbvr76@aol.com](mailto:cdnbvr76@aol.com)

Send Registration Form and check payable to:  
Northwest Satir Institute,  
c/o P.O. Box 55711, Shoreline, WA 98155

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### Registration for The Virginia Satir Human Validation Process

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Professional Affiliation: \_\_\_\_\_